

BY HIS STRENGTH

7 DAYS OF BIBLICAL ENCOURAGEMENT

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Hi Reader!

I'm so glad you're taking the time to read this devotional. I pray that as you read it, you'll feel empowered, refreshed, motivated and loved by God. I want you to know that you are not alone. We all go through days where we struggle to find the strength to continue on. We've all faced rejections, disappointment, and other undesirable circumstances but by the grace of God we are still here! God has given us the strength to live another day. My prayer is that you're reminded that you can and you will overcome any obstacle placed in your path. For you can do all things through Christ who strengthens you! I love you and I'm rooting for you!

XO, Chelsie B.

DAY 1 : GET THROUGH IT

You can get through all things with the help of Christ. Right now, you may be in a situation you don't want to be in. A job you don't like, living with your parents, or retaking a class you didn't pass. Know and stand firm on the promise that you will get through it. Where you are today is only temporary, and by calling on and putting your focus back on Christ you will have the strength to endure and overcome your current circumstance. Don't try to do it alone, ask God for the strength to push through this season of your life. It may not be desirable but I guarantee it will make you stronger.

*Philippians 4:13 – I
can do all things
through Christ who
strengthens me*



DAY 2 : CAST OFF ANXIETY

Anxiety is far too common in today's world. As humans, we hold on to things, overthink our words and actions, worry about how we're perceived by others, and stress about things we have no control over. Today, try handing any worry, doubt, stress, or fear over to God. When you feel anxiety creeping in, call it out and speak victory over it. When you begin to feel anxious say this, "I will not bear this burden, I give it to Christ and will have peace today and every day for Christ cares for me." Speak scripture whenever you feel defeated or overwhelmed. The enemy doesn't want us to believe God's Word is true but it is! Proclaim it daily!

*1 Peter 5:7- Casting
all your anxieties on
him, because he cares
for you.*



DAY 3 : IT'S POSSIBLE

When you rely on man, things will seem impossible. Keep in mind that man can only do what God allows. If you have a big dream you're working toward, don't look to man. Look to God. He will supply the people that can help, the resources, the strength, the finances, and anything else you need. God has access to the supernatural and will make things happen that man could never do. If something seems impossible, you're probably focusing too much on man and not enough on God. Remember that old saying, "Don't tell God how big your problems are. Tell your problems how big your God is!"

Mark 10:27- Jesus looked at them and said, 'With man it is impossible, but not with God. For all things are possible with God.'



DAY 4 : SPEAK AGAINST FEAR

God does not give us a spirit of fear. Many people have a fear of public speaking. This fear does not come from God, it's the enemy's way of keeping you from speaking up and out about the love of Christ. God has given each of us power, love, and self-control. This means that when you use your voice and platform to share the Good News it will impact others! You have the power to change someone's life just by using your voice and words. When you do God's work, the Kingdom supports you. Speak against any fear that tries to stop you from teaching others about God. Remember that when God is for you, nothing and no one that comes against you will prosper.

2 Timothy 1:7- For God gave us a spirit not of fear but of power and love and self-control.



DAY 5 : GOD'S PLAN

Your number one priority should be to seek God in all that we do. When you put God first, everything else will fall into place. Things may not go exactly how you want them to but when you make it your mission to seek the kingdom, you trust that God's plan is better than yours. The things that don't go your way, is more than likely God's way of protecting you and preparing you for something better. If you recently found out that something didn't go how you planned, don't stress it! Thank God for His Will being better and for what's to come. Don't let this get you down. Take it as an opportunity to shift your focus from what you wanted to what God needs. God will take care of you no matter what!

Matthew 6:33: But seek first the kingdom of God and his righteousness, and all these things will be added to you.



DAY 6 : WAITING PATIENTLY

It takes a lot of patience, strength, and faith to hope for something we cannot see but that's exactly what hope is. Waiting patiently through strength and faith for something that has not yet happened. Many people give up and lose hope when the goal seems too distant. I encourage you to pray and seek God's help as you wait for the victory He's promised. Waiting patiently, doesn't mean just sitting and waiting for God to move but actively working for God's kingdom. Keep living for Christ, sharing His Word, going to church (virtual or in-person), and reading your Bible. Before you know it, what you've been hoping and praying for will be right in front of you. Stay strong!

Romans 8:24-25 - For in this hope we were saved; but hope that is seen is no hope at all. Who hopes for what he can already see? But if we hope for what we do not yet see, we wait for it patiently.



DAY 7: BE THE EXAMPLE

The world makes a lot of things that are right seem wrong, and a lot of things that are wrong seem right. When everyone around you is doing something that the Bible speaks against, it can be tough to not fall in step with them. The Bible says to not be conformed to the patterns of this world. This means you shouldn't always follow the customs, beliefs, and practices that the world participates in. Instead, you should renew your mind or think differently. Christians are not called to follow culture but to create it. Don't be afraid to go right, even if everyone else is going left. Ask God what you should do and stand firm on your decisions, even when no one else agrees with them. You live for God, not man. You never know who may be watching and waiting for someone to show them there's another way to live. Be the example.

Romans 12:2 - Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

